

INSTRUCTIONS FOR SEDATION

- Food/Drink Prior** To avoid vomiting and complications during treatment with sedation please do **not** allow your child any food or drink for 8 hours prior to the scheduled appointment.
- Medications** Give your child only those medications that he/she takes routinely, such as seizure medications, prophylactic antibiotics, or ADD/ADHD medications, and those prescribed by the dentist with *only a small sip of water*. Do NOT give your child any other medications before or after treatment without checking with the dentist.
- Changes In Health** Your child must be healthy for us to perform the sedation without any complications. Any change in your child's health—especially if a cold, fever, severe cough, bronchitis, or wheezing develop within 7 days prior to the day of treatment—is very important. For your child's safety, a new appointment may be made. Please contact our office as soon as you notice any of the above changes in your child's health.
- Arriving** A parent/legal guardian or an authorized by notary adult must accompany the patient to the dental office and must remain until treatment is completed. Please arrive promptly to your child's appointment.
- Before the Procedure** The goal of the prescribed sedation medication is to make your child relaxed and comfortable so that dental treatment can be done in the office. The dosages are light and are not intended to put your child to sleep. The medications are safe when given in the appropriate dosages. As with any medication, the effects may vary between individuals. Side effects may include drowsiness, nausea, irritability, or lightheadedness. You may notice little to no effect from the medication, but it is there regardless! Please keep your child close to you in the waiting room, and do not allow him/her to walk around unassisted.
- During the Procedure** During the procedure, the patient may need to have his/her hands, feet, and head stabilized to complete the procedure. This is only to protect your child from hurting himself/herself with our instruments. We often have an assistant hold your child's hands to provide optimal comfort and stability and to protect your child from self-injury. Your consent for this is given through this document. If the doctor feels that the presence of a parent would help the child feel more comfortable, a member of our staff will come to the waiting room to request that you help hold your child's hands. If you have any questions regarding this, please ask before the procedure date. If this is not an option, please notify the staff and do not sign this form until we have answered all of your questions. _____ **INITIALS**
- After the Procedure** Do **not** plan or permit activities for your child after treatment, as most patients who have undergone sedation need to rest and be closely supervised for the remainder of the day. Additionally, there is sometimes some soreness after dental treatment. The dental anesthetic will help with post-operative pain, and sometimes a dose of medication may be administered before the patient leaves (pending parental approval). If you feel your child may need additional pain medication, you may give him/her Children's Motrin or Children's Tylenol at your discretion.
- Getting Home** The patient must be accompanied by an adult as outlined above. The child must be watched closely for signs of breathing difficulty. If the child takes a nap he/she should be positioned with his/her **chin up** and a responsible adult must be present to make certain the child is breathing well. A responsible adult must be with the child at all times. Please watch your child very closely to make sure he/she doesn't trip. **(Your child's mouth will be numb, so watch him/her closely to make sure he/she doesn't bite or chew on the inside of his/her mouth or lips).**
- Food/Drink After** After treatment, the first drink should be plain water. Sweet drinks can be given next (clear juice or Gatorade). Drinking small sips of liquid at regular intervals is preferable to drinking large amounts all at once. Soft food (preferably served cold or at room temperature) may be eaten after 1½ to 2 hours when numbness wears off.
- Temperature** The child's temperature may be slightly elevated for the first 24 hours after treatment. Children's Tylenol or Children's Motrin every 4 hours and fluids will help alleviate this condition. A temperature above 101 degrees F is elevated beyond the normal dental treatment range, and the child will need to see his/her pediatrician.
- Seek Advice** 1) if vomiting persists beyond 4 hours, 2) if the patient's temperature remains elevated beyond 101 F, 3) if the patient has any difficulty breathing, 4) if any other matter causes you concern. The dentist who treated your child will call to check on him/her later in the evening. Please contact us at 382-0280 (Bartlett) or 466-1576 (Fayette).

I consent to the instructions and conditions outlined above:

Signed _____ Date _____
Responsible Party/Legal Guardian

Sedation Appointments Broken Appointment Fee

Our office will give you a date and a time for your appointment. All sedation appointments must be confirmed 1 work day before the appointment. We first attempt to contact you to confirm sedation appointments 2 work days before the appointment. If we are unable to reach you due to incorrect phone numbers, or if you do not contact our office 1 work day prior to confirm the appointment, we reserve the right to overbook your appointment and it will be considered a failed appointment if you do not show up. You will also be responsible for the **\$70** failed appointment fee, which is **not** covered by insurance.

Signed _____ Date _____
Responsible Party/Legal Guardian